



Quarterly Newsletter 4Q 2019

Calendars

Family Matters

LOCATIONS:

AKRON:

Summit County Male (CBCF)
264 East Crosier Street
Akron, Ohio 44311

Summit County Female (CSCBCF)
941 Sherman Street
Akron, Ohio 44311

Glenwood Halfway House (GHH)
65 East Glenwood Avenue
Akron, Ohio 44304

Residential Correctional Center
(RCC)
222 Power Street
Akron, OH 44304

CLEVELAND:

Rigel Recovery Services
1804 East 55th Street Cleveland
Ohio 44103

NORTH CENTRAL OHIO:

Northwest Ohio Behavior &
Reporting Services (NOBARS)
103 South Front Street
Fremont, Ohio 43420

Rigel Recovery Services (Norwalk)
12 East Main Street
Lower Level
Norwalk, Ohio 44857

Rigel Recovery Services (Tiffin)
65 St. Francis Avenue
Tiffin, Ohio, 44883

MARIETTA:

Rigel Recovery Services (Marietta)
27750 St. Rt. 7
Marietta, Ohio 45750

Live EVERY MOMENT,
Laugh EVERY DAY,
Love BEYOND WORDS.

May your October
be filled with good
thoughts, kind
people and
happy
moments.

Happy November!

~ November is the
month to remind us to
be thankful for the
many positive things
happening in our life. ~

make it a
December
to remember

The
LOVE of
a Family
is LIFE'S
GREATEST BLESSING.

CLEVELAND FAMILY MATTERS SESSIONS



Topic: Living with Addiction

October 15th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

October 17th, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM

Topic: Families in Recovery

October 22nd, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

October 24th, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM

Topic: Rebuilding Trust

October 29th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

October 31st, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM



Topic: Triggers and Cravings

November 5th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

November 7th, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM

Topic: Communication Traps

November 12th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

November 14th, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM

Topic: Coping with the Possibility of Relapse

November 19th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

November 21st, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM

Topic: Facilitator Choice

November 26th, located at Rigel-
Cleveland
(Multi-Family Group)
6:00PM-7:30PM

NO GROUP-HOLIDAY
November 28th



Topic: Healthy Boundaries

December 3rd, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

December 5th, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM

Topic: Anger Management

December 10th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

December 12th, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM

Topic: Roadmap for Recovery

December 17th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

December 19th, located at
McDonnell Center
(Family Support Group)
6:00PM-7:30PM

NO GROUP-HOLIDAY
December 24th

Topic: Living with Addiction

December 19th, located at
McDonnell Center
(Multi-Family Support Group)
6:00PM-7:30PM

NO GROUP HOLIDAY
December 31st