



Quarterly Newsletter 1Q 2019
Calendars

Family Matters

LOCATIONS:

AKRON:

Summit County Male (CBCF)
264 East Crosier Street
Akron, Ohio 44311

Summit County Female (CSCBCF)
941 Sherman Street
Akron, Ohio 44311

Glenwood Halfway House (GHH)
65 East Glenwood Avenue
Akron, Ohio 44304

CLEVELAND:

Rigel Recovery Services
1804 East 55th Street Cleveland,
Ohio 44103

The McDonnell Center (CBCF)
3510 Croton Avenue
Cleveland, Ohio 44115

NORTH CENTRAL OHIO:

Northwest Ohio Behavior &
Reporting Services (NOBARS)
103 South Front Street
Fremont, Ohio 43420

Rigel Recovery Services (Tiffin)
65 St. Francis Avenue
Tiffin, Ohio, 44883

MARIETTA:

Rigel Recovery Services (Marietta)
27750 St. Rt. 7
Marietta, Ohio 45750

Recovery is
Possible!

A blue rounded rectangle with a white border containing the text "Recovery is Possible!" in white. The background of the rectangle is a photograph of a blue sky with white clouds.

Although no
one can go back
and make a
brand new start,
anyone can
start from now
and make a
brand new
ending.

A quote on a piece of aged, yellowish paper with a green border. The text is in a black, typewriter-style font.

— — Carl Bard



CLEVELAND FAMILY MATTERS SESSIONS

JANUARY

Topic: Families in Recovery

January 2nd, The McDonnell Center
held at Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Rebuilding Trust

January 8th, located at Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

January 9th, located at Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Triggers & Cravings

January 15th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

January 16th, The McDonnell Center
held at Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Communication Traps

January 22nd, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

January 29th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

February

Topic: Boundaries & Healthy Relationships

February 5th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

February 4th, The McDonnell Center
held at Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Living w/an Addiction

February 12th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

February 12th, located at
Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

February 13th, located at
Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Families in Recovery

February 19th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

February 20th, The McDonnell Center
held at Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Rebuilding Trust

February 26th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

MARCH

Topic: Triggers & Cravings

March 5th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

March 6th, The McDonnell Center
held at Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Communication Traps

March 12th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

March 13th, located at
Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Boundaries & Healthy Relationships

March 19th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM

March 20th, The McDonnell Center
held at Rigel-Cleveland
(Multi-Family Group)
6:00PM-7:30PM

Topic: Living w/Addiction

March 26th, located at
Rigel-Cleveland
(Family Support Group)
6:00PM-7:30PM