



Quarterly Newsletter 1Q 2019  
Calendars

# Family Matters

## LOCATIONS:

### AKRON:

Summit County Male (CBCF)  
264 East Crosier Street  
Akron, Ohio 44311

Summit County Female (CSCBCF)  
941 Sherman Street  
Akron, Ohio 44311

Glenwood Halfway House (GHH)  
65 East Glenwood Avenue  
Akron, Ohio 44304

### CLEVELAND:

Rigel Recovery Services  
1804 East 55th Street Cleveland,  
Ohio 44103

The McDonnell Center (CBCF)  
3510 Croton Avenue  
Cleveland, Ohio 44115

### NORTH CENTRAL OHIO:

Northwest Ohio Behavior &  
Reporting Services (NOBARS)  
103 South Front Street  
Fremont, Ohio 43420

Rigel Recovery Services (Tiffin)  
65 St. Francis Avenue  
Tiffin, Ohio, 44883

### MARIETTA:

Rigel Recovery Services (Marietta)  
27750 St. Rt. 7  
Marietta, Ohio 45750

Recovery is  
Possible!

A blue rounded rectangle with a white border containing the text "Recovery is Possible!" in white. The background of the rectangle shows a blue sky with white clouds.

Although no  
one can go back  
and make a  
brand new start,  
anyone can  
start from now  
and make a  
brand new  
ending.

A quote on a piece of aged, yellowish paper with a green border. The text is in a black, typewriter-style font.

— — Carl Bard



# MARIETTA RIGEL FAMILY MATTERS SESSIONS

**JANUARY**

**February**

**MARCH**

**Topic: Families in Recovery**

January 3<sup>rd</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

**Topic: Rebuilding Trust**

January 10<sup>th</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

**Professional Panel/Guest Speaker**

January 17<sup>th</sup>, located at RIGEL  
(Multi-Family Group)  
6:00PM-7:30PM

**Triggers & Cravings**

January 24<sup>th</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

**Communication Traps**

January 31<sup>st</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

**Topic: Coping w/the  
Possibility of Relapse**

February 7<sup>th</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

**Topic: Facilitator Choice**

February 14<sup>th</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

**Topic: Boundaries &  
Healthy Relationships**

February 21<sup>st</sup>, located at RIGEL  
(Multi-Family Group)  
6:00PM-7:30PM

**Topic: Roadmap to Recovery**

February 28<sup>th</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

**Topic: Recovery Panel**

March 7<sup>th</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

March 14<sup>th</sup>, located at RIGEL  
(Family Support Group)  
6:00PM-7:30PM

**Topic: Families in Recovery**

March 21<sup>st</sup>, located RIGEL  
(Multi-Family Group)  
6:00PM-7:30PM

**Rebuilding Trust**

March 28<sup>th</sup>, located RIGEL  
(Family Support Group)  
6:00PM-7:30PM