



Quarterly Newsletter 1Q 2019
Calendars

Family Matters

LOCATIONS:

AKRON:

Summit County Male (CBCF)
264 East Crosier Street
Akron, Ohio 44311

Summit County Female (CSCBCF)
941 Sherman Street
Akron, Ohio 44311

Glenwood Halfway House (GHH)
65 East Glenwood Avenue
Akron, Ohio 44304

CLEVELAND:

Rigel Recovery Services
1804 East 55th Street Cleveland,
Ohio 44103

The McDonnell Center (CBCF)
3510 Croton Avenue
Cleveland, Ohio 44115

NORTH CENTRAL OHIO:

Northwest Ohio Behavior &
Reporting Services (NOBARS)
103 South Front Street
Fremont, Ohio 43420

Rigel Recovery Services (Tiffin)
65 St. Francis Avenue
Tiffin, Ohio, 44883

MARIETTA:

Rigel Recovery Services (Marietta)
27750 St. Rt. 7
Marietta, Ohio 45750

Recovery is
Possible!

A blue rounded rectangle with a white border containing the text "Recovery is Possible!" in white. The background of the rectangle is a photograph of a blue sky with white clouds.

Although no
one can go back
and make a
brand new start,
anyone can
start from now
and make a
brand new
ending.

A quote on a piece of aged, yellowish paper with a green border. The text is in a black, typewriter-style font.

— — Carl Bard



AKRON FAMILY MATTERS SESSIONS

JANUARY

Topic: Families in Recovery

January 2nd located at GHH
(Multi-Family Group)
4:30PM-6:00PM

Topic: Rebuilding Trust

January 7th located at CSCBCF
(Multi-Family Group)
4:30PM-6:00PM

January 9th located at GHH
(Multi-Family Group)
6:00PM-7:30PM

January 9th located at
Summit CBCF
(Multi-Family Group)
4:30PM-6:00PM

January 9th located at RCC
(Multi-Family Group)
4:30PM-6:00PM

Topic: Recovery Panel

January 16th located at GHH
(Multi-Family Group)
6:00PM-7:30PM

Topic: Triggers & Cravings

January 22nd located at
Summit CBCF
(Multi-Family Group)
4:30PM-6:00PM

January 23rd located at GHH
(Multi-Family Group)
6:00PM-7:30PM

January 23rd located at CSCBCF
(Multi-Family Group)
4:30PM-6:00PM

January 23rd located at RCC
(Multi-Family Group)
4:30PM-6:00PM

Topic: DAWN KIT TRAINING

Located at GHH
6:00PM-7:30PM

February

Topic: Communication Traps

February 4th located at CSCBCF
(Multi-Family Group)
4:30PM-6:00PM

February 6th located at GHH
(Multi-Family Group)
4:30PM-6:00PM

Topic: Coping w/the Possibility of Relapse

February 13th located at GHH
(Multi-Family Group)
6:00PM-7:30PM

February 13th located at Summit CBCF
(Multi-Family Group)
4:30PM-6:00PM

February 13th located at RCC
(Multi-Family Group)
4:30PM-6:00PM

Topic: Addiction as a Disease

February 20th located at GHH
(Multi-Family Group)
6:00PM-7:30PM

Topic: Boundaries & Healthy Relationships

February 26th located at Summit CBCF
(Multi-Family Group)
4:30PM-6:00PM

Topic: DAWN KIT TRAINING

February 27th located at GHH
6:00PM-7:30PM

February 28th located at CSCBCF
(Multi-Family Group)
4:30PM-6:00PM

February 28th located at RCC
(Multi-Family Group)
4:30PM-6:00PM

MARCH

Topic: Anger Management

March 4th, located at CSCBCF
(Multi-Family Group)
4:30PM-6:00PM

March 6th, located at GHH
(Multi-Family Group)
4:30PM-6:00pm

Topic: Roadmap for Recovery

March 13th, located
GHH
(Multi-Family Group)
6:00PM-7:30PM

March 13th, located
Summit CBCF
(Multi-Family Group)
4:30PM-6:00PM

March 13th, located RCC
(Multi-Family Group)
4:30PM-6:00PM

Topic: Spring Fling EVENT

March 20th, located at GHH
(Multi-Family Group)
6:00PM-7:30PM

Recovery Panel

March 26th, located at
Summit CBCF
(Multi-Family Group)
4:30PM-6:00PM

March 27th, located at GHH
(Multi-Family Group)
6:00PM-7:30PM

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(Multi-Family Group)
4:30PM-6:00PM

March 27th, located at RCC
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4:30PM-6:00PM