



Quarterly Newsletter 1Q  
2020 Calendar

# Family Matters

## LOCATIONS:

### AKRON:

Summit County Male (CBCF)  
264 East Crosier Street  
Akron, Ohio 44311

Summit County Female (CSCBCF)  
941 Sherman Street  
Akron, Ohio 44311

Glenwood Halfway House (GHH)  
65 East Glenwood Avenue  
Akron, Ohio 44304

Residential Correctional Center  
(RCC)  
222 Power Street  
Akron, OH 44304

### CLEVELAND:

Rigel Recovery Services  
1804 East 55th Street Cleveland  
Ohio 44103

### NORTH CENTRAL OHIO:

Northwest Ohio Behavior &  
Reporting Services (NOBARS)  
103 South Front Street  
Fremont, Ohio 43420

Rigel Recovery Services (Norwalk)  
12 East Main Street  
Lower Level  
Norwalk, Ohio 44857

Rigel Recovery Services (Tiffin)  
65 St. Francis Avenue  
Tiffin, Ohio, 44883

### MARIETTA:

Rigel Recovery Services (Marietta)  
27750 St. Rt. 7  
Marietta, Ohio 45750

Stay positive and happy. Work hard and don't give up hope. Be open to criticism and keep learning. Surround yourself with happy, warm and genuine people.

### *Welcome January*

January is a time of quiet and new beginnings - is the perfect time to reflect on how you want to live your life.

January is the perfect time to refocus on your priorities and set goals.

Think Positive Words

### **Goodbye January, Hello February**

*Please be a good month and bring smiles and happiness to my family and friends.*

### *Hello March*

May you be filled with Warmth, Love and Kindness. May you bring an abundance of everything my heart desires, and may you fill my days with the beauty of a smile and the touch of a caring heart.

Rebecca Fox

SOUL VISION HEALING  
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Whenever you find yourself doubting how far you can go, just remember how far you have come. remember everything you have faced, all the battles you have won, and all the fears you have overcome.

— unknown

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INSPIRING AND POSITIVE QUOTES

# AKRON FAMILY MATTERS SESSIONS



**Topic: Addiction is a Disease**

January 6<sup>th</sup>, located at Cliff Skeen GP  
(Multi-Family Group)  
4:30PM-6:00PM

January 8<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM

January 8<sup>th</sup>, located at RCC  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Boundaries & Healthy Relationships**

January 15<sup>th</sup>, located at GHH  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Addiction is a Disease**

January 13<sup>th</sup>, located at Cliff Skeen ATU  
(Multi-Family Group)  
4:30PM-6:00PM

January 13<sup>th</sup>, located at RCC  
(Multi-Family Group)  
4:30PM-6:00PM

January 14<sup>th</sup>, located at CBCF-GP  
(Multi-Family Group)  
4:30PM-6:00PM

January 15<sup>th</sup>, located at CBCF-GP  
(Multi-Family Group)  
4:30PM-6:00PM

January 22<sup>nd</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM

January 28<sup>th</sup>, located at CBCF-ATU  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Families in Recovery**

January 29<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM



**Topic: Anger Management**

February 3<sup>rd</sup>, located at  
CSCBCF ATU  
(Multi-Family Group)  
4:30PM-6:00PM

February 5<sup>th</sup>, located at GHH  
(Multi-Family Group)  
4:30PM-6:00PM

February 11<sup>th</sup>, located at CBCF-GP  
(Multi-Family Group)  
4:30PM-6:00PM

February 12<sup>th</sup>, located at CBCF-GP  
(Multi-Family Group)  
4:30PM-6:00PM

February 12<sup>th</sup>, located at RCC  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Living with Addiction**

February 12<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM

**Topic: Anger Management**

February 17<sup>th</sup>, located at  
CSCBCF-ATU  
(Multi-Family Group)  
4:30PM-6:00PM

February 19<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM

February 25<sup>th</sup>, located at  
CBCF-ATU  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Rebuilding Trust**

February 26<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM

February 26<sup>th</sup>, located at RCC  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Boundaries & Healthy Relationships**

February 26<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM



**Topic: Boundaries & Healthy Relationships**

March 2<sup>nd</sup>, located at CSCBCF GP  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Recovery Panel**

March 4<sup>th</sup>, located at GHH  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Boundaries & Healthy Relationships**

March 9<sup>th</sup>, located at CBCF-GP  
(Multi-Family Group)  
4:30PM-6:00PM

March 10<sup>th</sup>, located at CBCF-GP  
(Multi-Family Group)  
4:30PM-6:00PM

March 11<sup>th</sup>, located at RCC  
(Multi-Family Group)  
4:30PM-6:00PM

March 11<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM

March 16<sup>th</sup>, located at CSCBCF ATU  
(Multi-Family Group)  
4:30PM-6:00PM

**Topic: Roadmap for Recovery**

March 18<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM

**Topic: Potluck Event**

March 25<sup>th</sup>, located at GHH  
(Multi-Family Group)  
6:00PM-7:30PM

March 25<sup>th</sup>, located at RCC  
(Multi-Family Group)  
6:00PM-7:30PM

March 25<sup>th</sup>, located at CBCF  
(Multi-Family Group)  
6:00PM-7:30PM

**Topic: Boundaries & Healthy Relationships**

March 31<sup>st</sup>, located at CBCF-ATU  
(Multi-Family Group)  
6:00PM-7:30PM