



Quarterly Newsletter 4Q 2019

Calendars

Family Matters

LOCATIONS:

AKRON:

Summit County Male (CBCF)
264 East Crosier Street
Akron, Ohio 44311

Summit County Female (CSCBCF)
941 Sherman Street
Akron, Ohio 44311

Glenwood Halfway House (GHH)
65 East Glenwood Avenue
Akron, Ohio 44304

Residential Correctional Center
(RCC)
222 Power Street
Akron, OH 44304

CLEVELAND:

Rigel Recovery Services
1804 East 55th Street Cleveland
Ohio 44103

NORTH CENTRAL OHIO:

Northwest Ohio Behavior &
Reporting Services (NOBARS)
103 South Front Street
Fremont, Ohio 43420

Rigel Recovery Services (Norwalk)
12 East Main Street
Lower Level
Norwalk, Ohio 44857

Rigel Recovery Services (Tiffin)
65 St. Francis Avenue
Tiffin, Ohio, 44883

MARIETTA:

Rigel Recovery Services (Marietta)
27750 St. Rt. 7
Marietta, Ohio 45750

Live EVERY MOMENT,
Laugh EVERY DAY,
Love BEYOND WORDS.

May your October
be filled with good
thoughts, kind
people and
happy
moments.

Happy November!

~ November is the
month to remind us to
be thankful for the
many positive things
happening in our life. ~

make it a
December
to remember

The
LOVE of
a Family
is LIFE'S
GREATEST BLESSING.

FREMONT NOBARS/RIGEL TIFFIN FAMILY MATTERS SESSIONS



Topic: Rebuilding Trust

October 1st, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

October 2nd, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

October 3rd, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

**Topic: Professional Panel/
Guest Speaker**

October 8th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

October 9th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

October 10th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

Topic: Triggers & Cravings

October 15th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

October 16th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

October 17th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

Topic: Communication Traps

October 21st, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

October 22nd, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

October 23rd, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

Topic: Coping with the Possibility of Relapse

October 29th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

October 30th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

October 31st, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM



**Topic: Boundaries &
Healthy Relationships**

November 5th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

November 6th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

November 7th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

Topic: Anger Management

November 12th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

November 13th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

November 14th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

Topic: Roadmap for Recovery

November 19th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

November 20th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

November 21st, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

Topic: Recovery Panel

November 26th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

November 27th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

NONE—HOLIDAY

November 28th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM



Topic: Living with an Addiction

December 3rd, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

December 4th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

December 5th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

Topic: Families in Recovery

December 10th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

December 11th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

December 12th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

Topic: Rebuilding Trust

December 17th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

December 18th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

December 19th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

None Holiday!

December 24th, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

December 25th, located at NOBARS
(Multi-Family Group)
6:00PM-7:30PM

**Topic: Professional Panel/
Guest Speaker**

December 26th, located at Rigel Tiffin
(Multi-Family Group)
6:00PM-7:30PM

None Holiday!

December 31st, located at Norwalk
(Multi-Family Group)
6:00PM-7:30PM

