

At Rigel Recovery Services, we believe addiction and mental health conditions are illnesses that require an individual's continuous commitment to recovery over the course of his or her life.

We start with a professional assessment of each of our client's needs and then walk with them as they develop and follow a treatment plan that provides the support, assistance, and tools necessary to build and maintain a healthy lifestyle.

We are proud to be a part of this process and to assist individuals in regaining control of their lives.



Rigel Recovery Services is managed by Oriana House, Inc., a private, nonprofit substance abuse treatment and community corrections agency established in 1981. Oriana House has facilities throughout Ohio.

Oriana House's substance abuse treatment and mental health services are certified through the Ohio Department of Mental Health and Addiction Services. Oriana House's community corrections programs are accredited through the American Correctional Association.

In-person and telehealth appointments available.

To schedule an assessment or learn more, call:
(216) 205-4679



Oriana House Hough Center
6000 Hough Avenue
Cleveland, Ohio 44103

It is our policy not to discriminate based on race, color, religion, sex, national origin, disability, age, sex (wages), genetics, gender, sexual orientation, HIV status, retaliation, and military/veteran status. 1/21

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**You
can
Recover**



**Substance Abuse Treatment
Mental Health Care**

In-person and telehealth appointments available.



RigelRecovery.org
(216) 205-4679



Rigel Recovery Services provides comprehensive substance abuse treatment and mental health services in our office or in your home using telehealth technology.

Our professional team of licensed clinicians, substance abuse counselors, and a nurse practitioner provide evidence-based treatment according to the needs of each individual.

Your health, safety, and confidentiality are of utmost importance to us. We meet you where you are and help you get to where you want to be.

Cost for Services

All Medicaid insurance plans are accepted. Assistance in applying for Medicaid is available if needed. Any other costs are based on a sliding fee scale.



Assessments

An initial assessment evaluates an individual's alcohol and/or drug use and mental health in order to determine an appropriate treatment plan and goals. Participants are then prepared to begin their personal recovery.

Outpatient Substance Abuse Treatment

Intensive outpatient treatment groups meet several times a week, allowing participants to live at home and still attend school or work. Counseling is also available through telehealth technology.

Group sessions help participants discuss their thoughts about recovery with others who are experiencing similar challenges and successes. Licensed counselors help participants understand the disease of addiction, manage triggers and cravings, and mend relationships. Intensive outpatient treatment is the beginning of a life-long commitment of recovery.

One-on-one counseling helps individuals identify and work on their personal treatment goals.

Specialized Counseling

Specialized treatment groups are available to personalize and enhance the intensive outpatient treatment. These include concentrations in the areas of:

- Trauma
- Healthy social groups
- Anger management
- Understanding 12-step programs
- Improving communication
- Sexual health
- Parenting
- Correcting thinking errors
- Staying focused in recovery

Drug Testing

Drug screens are used to provide accountability and assist in achieving successful treatment outcomes.

Medication Assisted Treatment (MAT)

Treatment that includes the prescription medication Vivitrol is often the best choice for an individual who is addicted to opioids. A clinician can discuss these options with you.

Research shows that medication combined with counseling and behavioral therapies can successfully treat substance use disorders and help people sustain recovery.

Aftercare

Aftercare provides continued support and resources that help a person maintain sobriety. Weekly individual and group sessions provide opportunities to discuss any current problems or concerns.

Mental Health Services

Stress, anxiety, trauma, and other conditions that affect your mental well-being are treatable. Mental health services including assessments, individual and group counseling, and prescribing and managing medications are available.

Peer Support

Recovery Coaches assist individuals, on a one-to-one basis, as they move from a life of addiction to a life in recovery. They help in working toward personal goals, establishing links with community service providers, and provide personal experience of living in recovery.

For the Family

The Family Matters program teaches adult family members and loved ones skills that are beneficial for healthy, supportive relationships.

Free, weekly meetings teach skills that will help participants better deal with stressful situations. By teaching family members about the disease of addiction, successful recoveries increase and relapses decrease.

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