

*You can
Recover*



*Outpatient
substance
abuse
treatment*

 **Rigel**
Recovery Services

27750 State Route 7
Marietta, Ohio 45750
740-371-5160

At Rigel Recovery Services, we believe alcoholism and substance abuse are diseases that require an individual's continuous commitment to recovery over the course of his or her life. Our treatment starts individuals on a multi-step journey to rehabilitation through their own admission of a problem, abstinence, avoidance of relapse, and a daily dedication to recovery.

We are proud to be a part of this process and to assist individuals in regaining control of their lives.





Rigel Recovery Services provides comprehensive substance abuse treatment programming which is comprised of three core components:

- **Cognitive Behavior Therapy**
Based on the model that your thoughts cause your behaviors, so if you can change the way you think, you can change the way you act
- **Contingency Management**
Rewards good behaviors thereby causing change in a positive, supportive manner
- **Recovery and Peer Support**
Aftercare and referral to self help support groups

Rigel Recovery Services professional staff can help people make lasting change.

Assessments

The client's substance use of alcohol and/or drugs is evaluated in order to determine an appropriate treatment plan and goals that are specific to each participant as they begin the recovery process and continue in sobriety.

Intensive Outpatient Treatment

Intensive Outpatient Treatment allows participants to attend treatment sessions while still living at home. Because it's not a residential program, participants can continue to attend school or work while still being involved in an intensive treatment program that meets several times each week.

Peer support through group sessions helps participants understand the disease of addiction, manage triggers and cravings, and mend relationships. Intensive Outpatient Treatment is the beginning of a life-long commitment to sobriety.

Medication Assisted Treatment

Treatment that includes the prescription medication Vivitrol is often the best choice for an individual who is addicted to opioids (includes heroin and many prescription drugs).

Vivitrol is an extended release, injectable medicine that blocks the effects of opioids for approximately 30 days and eliminates or greatly reduces cravings. Vivitrol is non-addictive.

Individuals meet with a doctor to determine their treatment needs and participate in intensive outpatient treatment with licensed substance abuse treatment counselors.

Opiate Enhanced Treatment

Rigel counselors provide treatment specific to opioid use that assists participants with their ability to cope with cravings, reduces relapse to opioid use, and facilitates lifestyle changes that support abstinence.

Individual Counseling

In addition to group sessions, participants can benefit from one on one counseling with Rigel Recovery Services staff.

Aftercare

Once treatment is completed, Aftercare provides continued support and resources for people in recovery so they can maintain sobriety. Weekly group sessions are beneficial because they provide opportunity to discuss any current problems or concerns.

Drug Testing

Accountability is important during treatment and recovery. Urine drug screens are used to monitor abstinence and compliance to the treatment plan.

Certified through OhioMHAS

Treatment services are certified through the Ohio Department of Mental Health and Addiction Services (OhioMHAS).

Cost for Services

Cost for treatment is based on a sliding fee scale, and all Medicaid insurance plans are accepted. No one will be turned away for inability to pay.

For the Family

We recognize that family support is one of the most important components in a person's recovery process. Therefore we offer the Family Matters Education Program designed to teach family members and loved ones skills that are beneficial for healthy, supportive relationships.

Family members and loved ones can attend free weekly meetings to gain effective communication skills; develop the ability to appropriately express their feelings; become aware of and demonstrate anger management skills; and acquire problem solving and effective decision making skills. These skills will help loved ones deal with stressful situations. By teaching all members of the family about the disease of chemical dependency, successful recoveries increase and relapses decrease.



Recovering from addiction is an active process; it requires lifestyle changes that you work on, one step at a time. Rigel Recovery Services helps you through these stages, from preparing you to start treatment, to individual and group sessions with a licensed, experienced counselor, to aftercare treatment to help you maintain your sobriety.



Rigel Recovery Services is managed by Oriana House, Inc. Oriana House is a private, nonprofit substance abuse treatment and community corrections agency that has been successfully providing services in Ohio since 1981. With nearly 800 employees, Oriana House is headquartered in Summit County, Ohio and also has facilities located in Cuyahoga, Erie, Huron, Sandusky, Seneca, and Washington counties.

Oriana House's substance abuse treatment services are certified through the Ohio Department of Mental Health and Addiction Services. Oriana House's community corrections programs are accredited through the American Correctional Association.

To schedule an assessment
or learn more about
substance abuse treatment at
Rigel Recovery Services,
call 740-371-5160.

It is our policy not to discriminate based on race, color, religion, sex, national origin, disability, age, sex (wages), genetics, gender, sexual orientation, HIV status, retaliation, and military/veteran status. 3/17